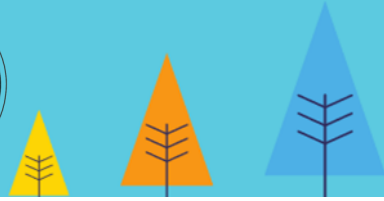


EAT SMART

OVERVIEW



Eat Smart is an educational programme which looks at food waste created on a primary school site, and helps the children to understand the importance of reducing food waste from a young age. The Eat Smart scheme gets pupils involved in reducing waste in their school by carrying out a food waste audit across the whole site, and involving them in designing solutions to tackle the problem. The program has the option of using a 'hotbin' to compost food waste over the audit periods, allowing us to explore and educate on circular food systems and encourage the school to use the compost for food growing.

The four-step programme is designed to fit into a half-term. Throughout the programme we integrate key curriculum skills from Maths, English, Science and Technology

STEP 1

Initial food waste audit over the whole school site, conducted by team of pupils called the waste warriors

STEP 2

Food awareness week, educating on where food comes from and the importance of reducing food waste



STEP 3

Bespoke action plan to reduce food waste, written by the waste warriors and staff



STEP 4

Second food waste audit to measure the effectiveness of the interventions.



EAT SMART

Testimonials



The project has been valuable in terms of our knowledge of food waste but also in the way that it has allowed some of our children to flourish with responsibility.

Burnside Primary School



The programme was incredibly well led and organised. Children that wouldn't ordinarily engage with this type of activity did and were very proud of their work. It both empowered them and encouraged them to work independently. All children have become more proactive with their food choices. They are more aware of what they are throwing away and are trying new foods.

Head teacher, Burnhope Primary School

The whole school loved taking part in the project and it is great to see the Waste Warriors being involved in making such a positive change to our school.

Lead teacher, St Michael's C of E Primary Bishop Middleham

Eat Smart is a Primary School food waste project created by BIND and delivered by REFUSE, a Community Interest Company based in Chester-le-Street.

For more information, contact Naomi Priestley, Education Engagement Officer
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www.refusedurham.org.uk/engagement/

We'd love you to watch our film at bit.ly/EatSmartDurhamFilm